



NORTH AMERICAN RIVER RUNNERS, INC.

SINCE 1975

1/4 Mile West of U.S. Route 19 in Hico, WV ~ 800-950-2585 ~ www.NARR.com

YOU'RE INVITED TO NARR'S 2006 KAYAK EVENTS

NARR Intro to Whitewater Weekend

June 2-4, 2006

This two-day novice kayak clinic provides an introduction to kayaking and a solid base from which to move into more advanced kayaking.

Spending the first morning in the secure learning environment of flatwater, we progress gradually to moving water and finally to Class II-III whitewater.

We emphasize fun on the river while teaching proper stroke techniques and responsible whitewater kayaking practices.

On day one, participants can expect an introduction to all equipment, terminology, strokes, concepts and the roll.

On day two, participants will learn to apply the skills learned on day one, on a Class II-III stretch of water. Options include: Upper/Middle New, Top Gauley, Cherry, Middle Gauley, depending on water levels.

Novice Package - \$320

Includes: Kayak and all other equipment, 2 Nights Camping, 2 Hot Buffet Breakfasts, 2 Riverside Lunches, and a Buffet Dinner

NARR Freestyle Instruction Weekend

May 5-7, 2006

Want to learn to link that 3rd end, get more air, or just feel more comfortable in the hole? Then join NARR for a Freestyle instruction weekend! Participants will work with BRIAN JENNINGS, Team Wave Sport athlete, and NARR River Manager on improving their playboating skills spending

two days on some of the best waves and holes in the East!

Possible clinic locations include: Lower Railroad, Greyhound Bus Stopper, Canyon Doors, Diagonal Ledges or the New River Dries!

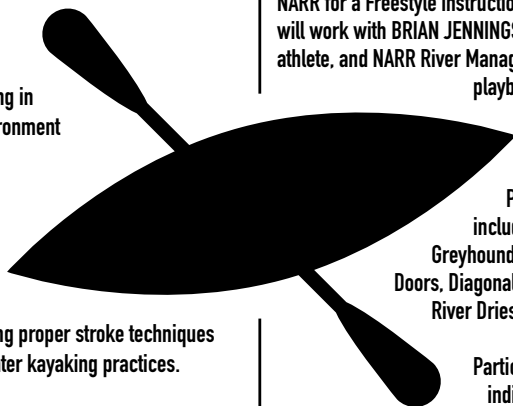
Participants will receive individual instruction specific to their skill level,

and review video of the session at the end of the day. Participants should have a solid Class III roll, and the ability to catch eddies, ferry, and peel out in powerful current. The day's activities may be a river run or park and play, depending on water levels.

Participants should bring their own playboat and equipment, but demo boats can be made available with advance notice.

Freestyle Package - \$340

Includes: 2 Nights Camping, 2 Hot Buffet Breakfasts, 2 Riverside Lunches, and a Buffet Dinner



SPACE IS LIMITED SO REGISTER TODAY!

800-950-2585